

Lunch SEPTEMBER 2017

| Monday | Tuesday | Wednesday | Thursday | Friday |
|------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------|-------------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------|
| | | | | 1 |
| | | | | Cheesy Lasagna w Marinara Sauce, Bread Stick, OR Pizza, Romaine Salad, Ranch Dressing, Fruit, Low Fat Milk |
| 4 | 5 | 6 | 7 | 8 |
| NO SCHOOL | Chicken Nuggets, WG Roll, Mashed Potatoes, Gravy, Green Beans, Peaches, Low Fat Milk | Hot Dog on WG Bun, Baked Beans, Celery Sticks (1/4 c), Fresh Fruit, Low Fat Milk | Spaghetti w Meat Sauce, WG Bread Stick, Romaine Salad w Tomatoes(1/4c), Applesauce , Low Fat Milk | Breaded Mozzarella Cheese Sticks, Marinara Sauce (3 oz), Potato Wedges, Fresh Melon, Low Fat Milk |
| 11 | 12 | 13 | 14 | 15 |
| Hamburger on WG Bun, Potato Smiles (3/4 cup), Orange Wedges, Low Fat Milk | Teriyaki Nuggets, Pasta with Marinara Sauce, Celery Sticks (1/4 c), Pears, Low Fat Milk | Tacos w Cheese & Lettuce, Refried Beans, Seasoned Corn, WG Shell, Fresh Fruit, Low Fat Milk | Chicken Smackers, WG Roll, Mashed Potatoes, Gravy, Glazed Carrots, Chilled Fruit, Low Fat Milk | Pizza, Fresh Broccoli w Ranch, Cole Slaw Fresh Grapes, Low Fat Milk |
| 18 | 19 | 20 | 21 | 22 |
| Chicken Patty on WG Bun, Potato Wedges, Dragon Juice, Fruit, Low Fat Milk | BBQ Pulled Pork OR Rib- be-cue on WG Bun, Baked Beans, Celery Sticks (1/4 c), Peaches, Low Fat Milk | Mini Corn Dogs, Cole Slaw, Fresh Carrots & Ranch, Fresh Fruit, Low Fat Milk | Salisbury Steak, WG Roll, Mashed Potatoes, Gravy, Peas & Carrots, Strawberries, Low Fat Milk | Big Daddy's Cheese Pizza, Romaine Salad w Tomatoes & Ranch, Fresh Fruit, Low Fat Milk |
| 25 | 26 | 27 | 28 | 29 |
| Cheeseburger on Bun, Potato Smiles (3/4 c), Ketchup, Apple Wedges, Low Fat Milk | Grilled Chicken, WG Roll, Mashed Potatoes, Gravy, Green Beans, Pineapple, Low Fat Milk | Fajitas with Lettuce & Cheese on WG Tortilla Shell, Corn, Refried Beans, Fresh Fruit, Low Fat Milk | Macaroni & cheese (3/4c), Bread Stick, Salsa (1/4c), Steamed Broccoli, Mandarin Oranges, Low Fat Milk | Breaded Fish Fillet on a WG Bun, Oven Fries, Ketchup, Fresh Carrots & Ranch, Mixed Fruit, Low Fat Milk |